

Newsletter

Dear RP3 Rowing Crew,

We're thrilled to bring you another edition of our newsletter! This past month has been incredible, featuring spectacular races at World Cup II in Lucerne.

The highlight was the epic duel in the M1x between RP3 record holders Olli Zeidler and Simon van Dorp.

But that's not all—we've also made strides off the water that want to share with you.

We're launching our RP3 Portal beta program, inviting users to test the latest digital features!

Additionally, we're proud to announce that this year's Dutch Indoor Rowing Championships will be held entirely on RP3! Read all about it below.

Train on Land, Win on Water!

A PIONEER IN INDOOR COMPETITION: THE DUTCH INDOOR CHAMPIONSHIPS (NKIR) ON RP3!

Nederlands Kampioenschap Indoorroeien (NKIR) or Dutch Indoor Rowing Championships, began in 1990, organized by the A.S.R. Nereus offering rowers a competitive indoor rowing race. The event quickly grew in popularity, attracting participants from clubs across the Netherlands and beyond. The unique event was quickly and successfully copied in many other countries. Initially held on Concept2 rowing machines. Over the years, the NKIR has become a key event in the Dutch rowing calendar, known for its high level of competition and its role in promoting indoor rowing as a vital part of year-round training. In 2024, the NKIR will transition to using RP3 rowing machines, reflecting the growing adoption of this technology in the rowing community.

Introducing the World Challenge!

Many rowing clubs now utilize RP3 machines for training and testing, with a growing number of athletes relying on these machines to reach the pinnacle of national and international rowing. Inspired by this trend, we are thrilled to enhance the NKIR by introducing prize money and new international categories!

Most notably, we are launching the first-ever RP3 World Challenge! Several top international rowers have shown interest in competing in an NKIR event using RP3 machines, setting the stage for the fastest indoor racing in the world. Additionally, new categories like team races with eights or pairs will bring fresh excitement to the event, drawing even more international talent to Amsterdam.

We are thrilled about these advancements and look forward to a fantastic NKIR 2024 on RP3! Join us as we take indoor rowing to new heights.



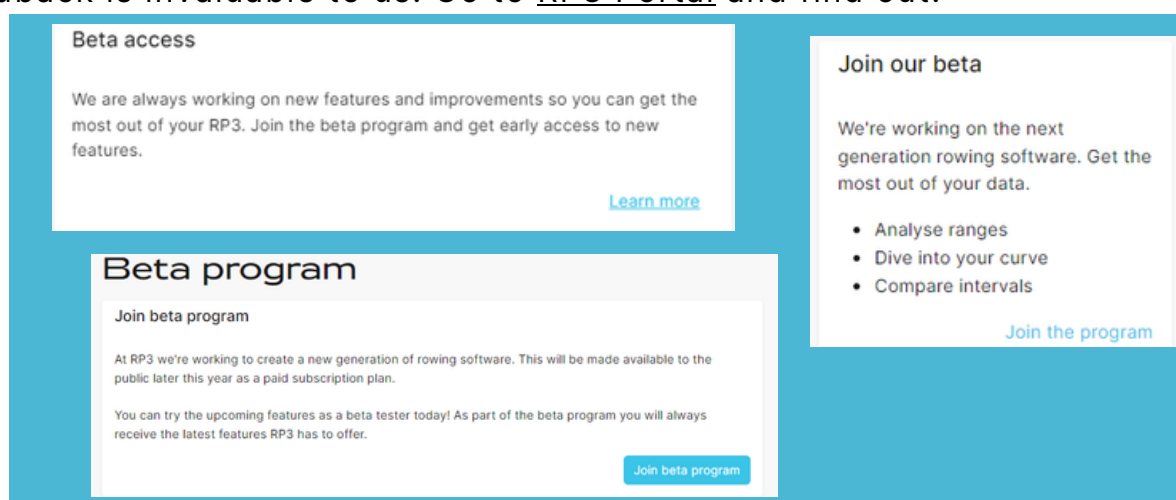
Check out our [NKIR page](#) (in Dutch) for more FAQs or scan the QR-code for info (for NL participants)

TIME TO GET ADVANCED: JOIN THE RP3 PORTAL BETA PROGRAM!

We announce the conclusion of the "Alpha phase" and the start of the Beta phase of the RP3 Portal, set to become a comprehensive platform for training and (self)coaching! This exciting development phase will run until September 1, 2024, after which we will launch the RP3 Portal Advanced version. This subscription will include all the cutting-edge features currently available in the beta, so dive in and test them out now!

The Advanced subscription (€4.99 per month) is offering qualitative analysis functions to compliment the standard quantitative data will bring your (self)coaching to new heights!

We invite you to participate in the beta program and experience these features firsthand. Your feedback is invaluable to us! Go to [RP3 Portal](#) and find out!



To sign up, visit the "My Account" page (located in the top right) and look for blocks like the ones shown here. These will guide you to the registration page.

In recent weeks, we've added several awesome features. Get started with:

- Workout Segment Comparison: select workout segments for detailed averages comparison
- Enhanced Workout Graphs: Make multiple selections in workout graphs for better analysis
- Advanced Stroke Analyzer: Compare every stroke (range) with ideal strokes using three R2 (R-square) numbers (%)
- Automatically recognize "On Water" workout (fast) segments after import via RP3 app or TCX file
- Plan and overview crew workouts, compare the quality of the Force Curve within crews
- RP3 Snippets & Reports: save and compare parts of workouts across multiple sessions, including those of crew members and generate shareable reports with metadata tracking for detailed progress analysis
- New extra functionality will be added towards the formal launch in September for the winter season!

Register for one of the RP3 Academy [Online Workshop](#) to learn more and see how it is used!

Thank you in advance for using RP3 Portal Advanced! Let's elevate your rowing experience together!